



**871 West 4th Street  
Winston-Salem, NC**

**(336) 724-7600**

# lunch menu

## starters

- Spinach Dip** 9  
spinach, artichokes, feta, toasted pita
- Crab Dip** 10  
lump crab meat, cream cheese, garlic bread
- Winston's Best Calamari** 10  
flash-fried calamari, cocktail sauce, spicy remoulade sauce
- Fried Pickles** 8  
served with remoulade

## lunch entrees

- Grilled Salmon •Ⓞ** 14  
topped with lemon-caper butter, served with broccoli
- Southwestern Wontons** 10  
corn, black beans, onion, peppers, cheddar and jack cheese, mixed greens, sour cream, tomato salsa on the side
- Shrimp & Grits** 13  
shrimp, andouille sausage, tomato, baby spinach, chipotle cream sauce, fried grit cake, cheddar & jack garnish
- Creamy Tortellini** 12  
tri-colored, cheese-filled tortellini, caramelized onion, sauteed mushrooms, spinach, roasted red peppers, parmesan cream sauce, parmesan cheese garnish  
*add chicken - 5, shrimp - 6*
- Crab Cake Lunch** 13  
remoulade sauce, served with fries and slaw

## lunch salads

- Grilled Salmon Salad •Ⓞ** 13  
grilled salmon, mixed greens, tomato, goat cheese, purple onion, candied pecans
- Chinese Chicken Salad** 10  
mixed greens, scallions, red peppers, mandarin oranges, chicken, fried wontons, two Italian breadsticks
- Grilled Chicken Salad** 10  
mixed greens, grilled chicken, tomato, cucumber, jack and cheddar cheese, onion, croutons
- Southwestern Chicken Caesar Salad** 10  
romaine, sweet & tangy fried chicken, black beans, roasted corn, tortilla strips, parmesan cheese, caesar dressing
- Autumn Salad Ⓞ** 11  
mixed greens, granny smith & red delicious apples, bleu cheese crumbles, candied pecans, red grapes, dried cranberries, dried apricots, red onion and mandarin oranges  
*add chicken - 5, shrimp - 6, portabella - 3, salmon - 6*

### dressing selections

|            |               |              |
|------------|---------------|--------------|
| Balsamic   | Herb          | Ranch        |
| Poppy Seed | Bleu Cheese   | Hony Mustard |
| Citrus     | Sesame Ginger | FF Raspberry |

**Soup of the Day**      **cup: 3 | bowl: 4**  
crab bisque \$1 extra

**Chili**      **cup: 4 | bowl: 5**  
served with cheese, sour cream and tortilla chips

## daily specials \$10

### MONDAY:

#### MEATLOAF

with mashed potatoes, mushroom bacon gravy and topped with onion straws

### TUESDAY:

#### CHICKEN ENCHILADAS

with rice and refried beans

### WEDNESDAY:

#### JAMBALAYA

shrimp, chicken, andouille sausage, tomato, onion, peppers, celery and rice

### THURSDAY:

#### SMOKEHOUSE CHICKEN Ⓞ

grilled chicken breast, bbq sauce, jack & cheddar, bacon, mashed potatoes and vegetables

### FRIDAY:

#### FISH AND CHIPS

fried flounder, french fries, cole slaw and tartar sauce

## express lunch \$10

*choose any three*

**Mini Chicken Salad Croissant**

**Mini Pimento Croissant**

**Soup of the Day**

**Chicken Salad**

**Pasta Salad**

**Garden Salad**

**French Fries**

**Sweet Potato Fries**

**Chips**

**Fresh Fruit**

• These items are served / offered raw, undercooked or cooked to order.  
Consuming raw or undercooked meats may increase your risk of foodborne illness



# lunch menu

## sandwiches & wraps

*served with a choice of: french fries, sweet potato fries, cucumber and tomato salad, chips, pasta salad or fresh fruit  
blackened seasoning .50*

|  |           |
|--|-----------|
| <b>Grilled Cheese</b>  | <b>7</b>  |
| classic grilled cheese and a cup of our soup of the day or choice of side  |           |
| <b>Portobello Mushroom Wrap</b>  | <b>9</b>  |
| peppers, squash, zucchini, havarti, baby spinach, caramelized onion, basil aioli, portobello mushrooms, flour tortilla                   |           |
| <b>Chicken Fajita Wrap</b>   | <b>10</b> |
| chicken, peppers, onion, cheddar & jack cheese, lettuce, tomato, tortilla, sour cream, housemade tomato salsa, sun-dried tomato tortilla |           |
| <b>West End Club ★★</b>  | <b>8</b>  |
| roast beef, turkey, ham, bacon, cheddar, lettuce, tomato, mayonnaise, toasted honey wheatberry or panini bread                           |           |
| <b>Chicken Salad Melt ★★</b>   | <b>8</b>  |
| housemade chicken salad, cheddar, lettuce, tomato, croissant   |           |
| <b>Peppered Turkey and Havarti ★★</b>  | <b>8</b>  |
| granny smith apples, peppered turkey, havarti, lettuce, mayonnaise, ciabatta bread   |           |
| <b>Turkey Gouda ★★</b>   | <b>8</b>  |
| peppered turkey, smoked gouda cheese, bacon, honey mustard, mixed greens, ciabatta bread   |           |
| <b>Tuscan Caprese ★★</b>   | <b>8</b>  |
| fresh mozzarella, sliced tomato, basil pesto, mixed greens, ciabatta bread<br><i>add chicken - 5, salmon ● - 6, portobello- 3</i>        |           |
| <b>Buffalo Chicken Wrap</b>  | <b>9</b>  |
| crispy fried chicken, habañero-jack, lettuce, tomato, buffalo sauce, flour tortilla  |           |
| <b>French Dip</b>  | <b>11</b> |
| roast beef, swiss cheese, au jus, horseradish spread, hoagie roll  |           |
| <b>BBQ Bacon Grill</b>   | <b>9</b>  |
| grilled chicken breast, bbq sauce, bacon, jack and cheddar cheese, lettuce, tomato kaiser roll   |           |
| <b>Meatloaf Sandwich</b>   | <b>10</b> |
| grilled meatloaf, bbq sauce, pepper jack cheese, bacon, mayonnaise, lettuce, tomato, onion straws, panini bread                          |           |
| <b>Build A Burger ●</b>  | <b>12</b> |
| ground chuck with choice of: cheddar, habañero-jack, pimento, swiss, bbq, mushrooms, bacon, onion straws, chili, slaw, peppers, onion    |           |

**Soup & Sandwich ★★** **10**  
a half portion of our ★★ sandwich served with a cup of our housemade soup

## beverages

**Pepsi • Diet Pepsi • Dr. Pepper • Diet Dr. Pepper  
Mt. Dew • Sierra Mist • Pink Lemonade**

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