



**871 West 4th Street
Winston-Salem, NC**

(336) 724-7600

lunch menu

starters

- Spinach Dip** 9
spinach, artichokes, feta, toasted pita
- Crab Dip** 10
lump crab meat, cream cheese, garlic bread
- Fried Pickles** 8
served with remoulade

lunch entrees

- Marinated Chicken Breast** 12
served with broccoli
- Grilled Salmon •** 14
topped with lemon-caper butter,
served with broccoli
- Southwestern Wontons** 10
corn, black beans, onion, peppers, cheddar, jack,
mixed greens, sour cream, tomato salsa on the side
- Shrimp & Grits** 13
shrimp, andouille sausage, tomato, baby spinach,
chipotle cream sauce, fried grit cake
- Summer Pasta** 12
wild mushrooms, artichokes, sun-dried tomatoes,
roasted red pepper, spinach, basil pesto tossed with
angel hair pasta
add chicken - 4, shrimp - 5, salmon - 6
- Crab Cake Lunch** 13
remoulade sauce, served with fries and slaw

lunch salads

- Grilled Salmon Salad •** 13
grilled salmon, mixed greens, tomato, goat cheese,
purple onion, candied pecans
- Chinese Chicken Salad** 10
mixed greens, scallions, red peppers,
mandarin oranges, chicken, fried wontons
- Grilled Chicken Salad** 10
mixed greens, grilled chicken, tomato, cucumber,
jack and cheddar cheese, onion, croutons
Southwestern Chicken
- Fried Oyster Salad** 13
mixed greens, tomato, purple onion, bacon,
swiss cheese
- Southwestern Chicken
Caesar Salad** 10
romaine, sweet & tangy fried chicken, black beans,
roasted corn, tortilla strips, caesar dressing
- Filling Station Salad** 11
goat cheese, strawberries, blueberries,
mandarin oranges, onion, candied pecans
add chicken - 4, shrimp - 5, salmon - 6
- Greek Salad** 10
kalamata olives, banana peppers, red peppers,
feta cheese, purple onions
add chicken - 4, shrimp - 5, salmon - 6

dressing selections

Balsamic | Champagne Vinaigrette | Citrus Herb
Bleu Cheese | Sesame-Ginger | Ranch
Honey Mustard | Fat Free Raspberry

- Soup of the Day** cup: 3 | bowl: 4
- Chili** cup: 4 | bowl: 5
served with cheese, sour cream and tortilla chips

express lunch \$10

choose any three

Mini Chicken Salad Croissant
Mini Pimento Croissant
Soup of the Day
Chicken Salad
Pasta Salad

Garden Salad
French Fries
Sweet Potato Fries
Chips
Fresh Fruit



lunch menu

sandwiches & wraps

served with a choice of: french fries, sweet potato fries, tomato and cucumber salad, chips, pasta salad or fresh fruit blackening seasoning (.50 extra)

Grilled Cheese	7
classic grilled cheese and a cup of our soup of the day or choice of side	
Portabello Mushroom Wrap	9
portabello mushroom, peppers, squash, zucchini, havarti, baby spinach, caramelized onion, basil aioli, flour tortilla	
Chicken Fajita Wrap	10
chicken, peppers, onion, cheddar & jack cheese, lettuce, tomato, tortilla, sour cream, housemade tomato salsa on the side	
West End Club •	8
roast beef, turkey, ham, bacon, cheddar, lettuce, tomato, mayonnaise, toasted honey wheatberry or panini bread	
Chicken Salad Melt •	8
housemade chicken salad, cheddar, lettuce, tomato, croissant	
Peppered Turkey and Havarti •	8
granny smith apples, peppered turkey, havarti, lettuce, mayonnaise, ciabatta bread	
Fried Green Tomato BLT •	8
Fried green tomato, havarti, lettuce, bacon, red pepper aioli, panini bread	
Tuscan Caprese •	8
fresh mozzarella, sliced tomato, basil pesto, mixed greens, ciabatta bread <i>add chicken - 5, salmon • - 6</i>	
Buffalo Chicken Wrap	9
crispy fried chicken, habanero-jack, lettuce, tomato, buffalo sauce, flour tortilla	
French Dip	11
roast beef, Swiss cheese, au jus, horseradish spread, hoagie roll	
Oyster Po'Boy •	10
fried oysters, remoulade, lettuce, tomato, swiss cheese, bacon, french bread	
Salmon Wrap •	11
grilled salmon, strawberries, spinach, purple onion, cream cheese spread, poppy seed dressing, flour tortilla	
Ultimate Chicken Sandwich	9
grilled chicken breast, pimento cheese, bacon, fried green tomato, roasted red pepper aioli, mixed greens, kaiser roll	
Build A Burger •	12
ground chuck with choice of: cheddar, habanero-jack, pimento, swiss, bbq, mushrooms, bacon, onion straws, chili, slaw, peppers, onion	

Soup & Sandwich	10
a half portion of our sandwich and cup of our housemade soup, choose from: west end club, chicken salad melt, peppered turkey and havarti or tuscan caprese	

beverages

**Pepsi • Diet Pepsi • Dr. Pepper • Diet Dr. Pepper
Mt. Dew • Mist Twist • Nature's Twist Pink Lemonade**

• These items are served / offered raw, undercooked or cooked to order.
Consuming raw or undercooked meats may increase your risk of foodborne illness