



**871 West 4th Street  
Winston-Salem, NC**

**(336) 724-7600**

# lunch menu

## starters

- Spinach Dip** 9  
spinach, artichokes, feta, toasted pita
- Crab Dip** 10  
lump crab meat, cream cheese, garlic bread
- Winston's Best Calamari** 10  
flash-fried calamari, cocktail sauce, spicy remoulade sauce
- Fried Pickles** 8  
served with lime aioli

## lunch entrees

- Grilled Salmon** • ⊕ 14  
topped with lemon-caper butter, served with broccoli
- Southwestern Wontons** 10  
corn, black beans, onion, peppers, cheddar, jack, mixed greens, sour cream, tomato salsa on the side
- Shrimp & Grits** 13  
shrimp, andouille sausage, tomato, baby spinach, chipotle cream sauce, fried grit cake
- Creamy Tortellini** 12  
tri-colored, cheese-filled tortellini, caramelized onion, sauteed mushrooms, spinach, roasted red peppers  
*add chicken - 5, shrimp - 6*
- Crab Cake Lunch** 13  
remoulade sauce, served with fries and slaw

## lunch salads

- Grilled Salmon Salad** • ⊕ 13  
grilled salmon, mixed greens, tomato, goat cheese, purple onion, candied pecans
- Chinese Chicken Salad** 10  
mixed greens, scallions, red peppers, mandarin oranges, chicken, fried wontons
- Grilled Chicken Salad** 10  
mixed greens, grilled chicken, tomato, cucumber, jack and cheddar cheese, onion, croutons
- Southwestern Chicken Caesar Salad** 10  
romaine, sweet & tangy fried chicken, black beans, roasted corn, tortilla strips, caesar dressing
- Autumn Salad** ⊕ 11  
mixed greens, granny smith & red delicious apples, bleu cheese crumbles, candied pecans, red grapes, dried cranberries, dried apricots, red onion and mandarin oranges  
*add chicken - 5, shrimp - 6, portabella - 3, salmon - 6*

### dressing selections

Balsamic	Herb	Ranch
Poppy Seed	Bleu Cheese	Hony Mustard
Citrus	Sesame Ginger	FF Raspberry

- Soup of the Day** cup: 3 | bowl: 4
- Chili** cup: 4 | bowl: 5  
served with cheese, sour cream and tortilla chips

## express lunch \$10

*choose any three*

- Mini Chicken Salad Croissant**
- Mini Pimento Croissant**
- Soup of the Day**
- Chicken Salad**
- Pasta Salad**
- Garden Salad**
- French Fries**
- Sweet Potato Fries**
- Chips**
- Fresh Fruit**

## daily specials \$10

- MONDAY:  
MEATLOAF**  
with mashed potatoes, mushroom bacon gravy and topped with onion straws
- TUESDAY:  
CHICKEN ENCHILADAS**  
with rice and refried beans
- WEDNESDAY:  
JAMBALAYA**  
shrimp, chicken, andouille sausage, tomato, onion, peppers, celery and rice
- THURSDAY:  
SMOKEHOUSE CHICKEN** ⊕  
grilled chicken breast, bbq sauce, jack & cheddar, bacon, mashed potatoes and vegetables
- FRIDAY:  
FISH AND CHIPS**  
fried flounder, french fries, cole slaw and tartar sauce

• These items are served / offered raw, undercooked or cooked to order.  
Consuming raw or undercooked meats may increase your risk of foodborne illness



# lunch menu

## sandwiches & wraps

*served with a choice of: french fries, sweet potato fries, cucumber and tomato salad, chips, pasta salad or fresh fruit*

<b>Grilled Cheese</b>	<b>7</b>
classic grilled cheese and a cup of our soup of the day or choice of side	
<b>Portobello Mushroom Wrap</b>	<b>9</b>
peppers, squash, zucchini, havarti, baby spinach, caramelized onion, basil aioli	
<b>Chicken Fajita Wrap</b>	<b>10</b>
chicken, peppers, onion, cheddar & jack cheese, lettuce, tomato, tortilla, sour cream, housemade tomato salsa	
<b>West End Club ★★</b>	<b>8</b>
roast beef, turkey, ham, bacon, cheddar, lettuce, tomato, mayonnaise, toasted honey wheatberry or panini bread	
<b>Chicken Salad Melt ★★</b>	<b>8</b>
housemade chicken salad, cheddar, lettuce, tomato, croissant	
<b>Peppered Turkey and Havarti ★★</b>	<b>8</b>
granny smith apples, peppered turkey, havarti, lettuce, mayonnaise, ciabatta bread	
<b>Turkey Gouda ★★</b>	<b>8</b>
peppered turkey, smoked gouda cheese, bacon, honey mustard, mixed greens	
<b>Tuscan Caprese ★★</b>	<b>8</b>
fresh mozzarella, sliced tomato, basil pesto, mixed greens, ciabatta bread <i>add chicken - 5, salmon ● - 6</i>	
<b>Buffalo Chicken Wrap</b>	<b>9</b>
crispy fried chicken, habañero-jack, lettuce, tomato, buffalo sauce, flour tortilla	
<b>French Dip</b>	<b>11</b>
roast beef, swiss cheese, au jus, horseradish spread, hoagie roll	
<b>BBQ Bacon Grill</b>	<b>9</b>
grilled chicken breast, bbq sauce, bacon, jack cheddar cheese, lettuce, tomato kaiser roll	
<b>Meatloaf Sandwich</b>	<b>10</b>
grilled meatloaf, bbq sauce, pepper jack cheese, bacon, mayonnaise, lettuce, tomato, onion straws, panini bread	
<b>Build A Burger ●</b>	<b>12</b>
ground chuck with choice of: cheddar, habañero-jack, pimento, swiss, bbq, mushrooms, bacon, onion straws, chili, slaw, peppers, onion	

<b>Soup &amp; Sandwich ★★</b>	<b>10</b>
a half portion of our ★★ sandwich served with a cup of our housemade soup	

## beverages

**Pepsi • Diet Pepsi • Cheerwine • Dr. Pepper  
Mt. Dew • Sierra Mist • Pink Lemonade**

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