



**871 West 4th Street
Winston-Salem, NC
(336) 724-7600**

lunch menu

starters

- Spinach Dip** 9
spinach, artichokes, feta, toasted pita
- Crab Dip** 10
lump crab meat, cream cheese, garlic bread
- Winstons Best Calamari** 10
flash-fried calamari, cocktail sauce, spicy remoulade sauce

lunch entrees

- Grilled Salmon •** 13
topped with lemon-caper butter, served with broccoli
- Southwestern Wontons** 10
corn, black beans, onion, peppers, cheddar, jack, mixed greens, sour cream, tomato salsa on the side
- Shrimp & Grits** 12
shrimp, andouille sausage, tomato, baby spinach, chipotle cream sauce, fried grit cake
- Creamy Tortellini** 12
tri-colored, cheese-filled tortellini, caramelized onion, sautéed mushrooms, spinach, roasted red peppers
add chicken - 4, shrimp - 5
- Crab Cake Lunch** 13
remoulade sauce, served with fries and slaw

lunch salads

- Grilled Salmon Salad •** 13
grilled salmon, mixed greens, tomato, goat cheese, purple onion, candied pecans
- Chinese Chicken Salad** 10
mixed greens, scallions, red peppers, mandarin orange, chicken, fried wontons
- Grilled Chicken Salad** 10
mixed greens, grilled chicken, tomato, cucumber, jack and cheddar cheese, onion, croutons
- Southwestern Chicken Caesar Salad** 10
romaine, sweet & tangy fried chicken, black beans, roasted corn, tortilla strips, caesar dressing
- Autumn Salad** 11
mixed greens, granny smith & red delicious apples, bleu cheese crumbles, candied pecans, red grapes, dried cranberries, dried apricots, red onion and mandarin oranges
add chicken - 4, shrimp - 5, portabella - 3

dressing selections

Balsamic	Herb	Ranch
Poppy Seed	Bleu Cheese	Honey Mustard
Citrus	Sesame-Ginger	FF Raspberry

- Soup of the Day** cup: 3 | bowl: 4
- Chili** cup: 4 | bowl: 5
served with cheese, sour cream and tortilla chips

daily specials \$10

MONDAY:

MEATLOAF

with mashed potatoes, mushroom bacon gravy and topped with onion straws

TUESDAY:

CHICKEN ENCHILADAS

with rice and refried beans

WEDNESDAY:

JAMBALAYA

shrimp, chicken, andouille sausage, tomato, onion, peppers, celery and rice

THURSDAY:

SMOKEHOUSE CHICKEN

grilled chicken breast, bbq sauce, jack & cheddar, bacon, mashed potatoes and vegetables

FRIDAY:

FISH AND CHIPS

fried flounder, french fries, cole slaw and tartar sauce

express lunch \$10

choose any three

Mini Chicken Salad Croissant

Mini Pimento Croissant

Soup of the Day

Chicken Salad

Pasta Salad

Garden Salad

French Fries

Sweet Potato Fries

Chips

Fresh Fruit



lunch menu

sandwiches & wraps

served with a choice of: french fries, sweet potato fries, tomato and cucumber salad, chips, pasta salad or fresh fruit

Grilled Cheese	7
classic grilled cheese and a cup of our soup of the day or choice of side	
Portobello Mushroom Wrap	9
peppers, squash, zucchini, havarti, baby spinach, caramelized onion, basil aioli	
Chicken Fajita Wrap	10
chicken, peppers, onion, cheddar & jack cheese, lettuce, tomato, tortilla, sour cream, housemade tomato salsa on the side	
West End Club	8
roast beef, turkey, ham, bacon, cheddar, lettuce, tomato, mayonnaise, toasted honey wheatberry or panini bread	
Chicken Salad Melt	8
housemade chicken salad, cheddar, lettuce, tomato, croissant	
Peppered Turkey and Havarti	8
granny smith apples, peppered turkey, havarti, lettuce, mayonnaise, ciabatta bread	
Turkey Gouda	8
peppered turkey, smoked gouda cheese, bacon, honey mustard, mixed greens	
Tuscan Caprese	8
fresh mozzarella, sliced tomato, basil pesto, mixed greens, telera roll <i>add chicken - 4, salmon • - 6</i>	
Buffalo Chicken Wrap	9
crispy fried chicken, habañero-jack, lettuce, tomato, buffalo sauce, flour tortilla	
French Dip	10
roast beef, swiss cheese, au jus, horseradish spread, hoagie roll	
BBQ Bacon Grill	9
grilled chicken breast, bbq sauce, bacon, jack & cheddar cheese, lettuce and tomato; served on a kaiser roll	
Meatloaf Sandwich	10
grilled meatloaf, bbq sauce, habanero-jack cheese, bacon, mayonnaise, lettuce, tomato, onion straws; served on panini bread	
Build A Burger •	12
ground chuck with choice of: cheddar, habañero-jack, pimento, swiss, bbq, mushrooms, bacon, onion straws, chili, slaw, peppers, onion	

Soup & Sandwich	10
a half portion of our sandwich and cup of our housemade soup, choose from: west end club, chicken salad melt, peppered turkey and havarti, turkey gouda or tuscan caprese	