



**871 West 4th Street
Winston-Salem, NC 27106
(336) 724-7600**

lunch menu

starters

- Spinach Dip** 8
spinach, artichokes, feta, toasted pita
- Crab Dip** 9
lump crab meat, cream cheese, garlic bread
- Winstons Best Calamari** 10
flash-fried calamari, cocktail sauce, spicy remoulade sauce

lunch entrees

- Grilled Salmon** 13
lemon-caper butter, broccoli
- Southwestern Wontons** 9
corn, black beans, onion, peppers, cheddar, jack, mixed greens, sour cream, tomato salsa
- Shrimp & Grits** 12
shrimp, andouille sausage, tomato, baby spinach, chipotle cream sauce, grit cake
- Creamy Tortellini** 12
tri-colored cheese-filled tortellini, caramelized onion, sautéed mushrooms, spinach, roasted red peppers
add chicken - 4, shrimp - 5
- Crab Cake Lunch** 13
fries, slaw, remoulade sauce

lunch salads

- Grilled Salmon Salad** 13
grilled salmon, mixed greens, tomato, goat cheese, purple onion, candied pecans
- Chinese Chicken Salad** 10
mixed greens, scallions, red peppers, mandarin orange, chicken, fried wontons
- Grilled Chicken Salad** 9
mixed greens, grilled chicken, tomato, cucumber, jack and cheddar cheese, onion, croutons
- Southwestern Chicken Caesar Salad** 10
romaine, sweet & tangy fried chicken, black beans, roasted corn, tortilla strips, caesar dressing
- Autumn Salad** 10
mixed greens, granny smith & red delicious apples, blue cheese crumbles, candied pecans, red grapes, dried cranberries, dried apricots, red onion, mandarin orange
add chicken - 4, shrimp - 5, portobella - 3

Soup of the Day cup: 3 | bowl: 4

Chili cup: 4 | bowl: 5

dressing selections

Balsamic	Herb	Ranch
Poppy Seed	Bleu Cheese	Honey Mustard
Citrus	Sesame-Ginger	FF Raspberry

express lunch \$10

choose any three

Mini Chicken Salad Croissant

Mini Pimento Croissant

Soup of the Day

Chicken Salad

Pasta Salad

Garden Salad

French Fries

Sweet Potato Fries

Chips

Fresh Fruit

Tuna Salad

Housemade Chili

daily specials \$10

MONDAY:

MEATLOAF

with mashed potatoes and mushroom bacon gravy

TUESDAY:

CHICKEN ENCHILADAS

with rice and refried beans

WEDNESDAY:

JAMBALAYA

shrimp, chicken, andouille sausage, tomato, onion, peppers, celery and rice

THURSDAY:

SMOKEHOUSE CHICKEN

grilled chicken breast, bbq sauce, jack & cheddar, bacon, mashed potatoes and vegetables

FRIDAY:

FISH AND CHIPS

fried flounder, french fries, cole slaw and tartar sauce



lunch menu

sandwiches & wraps

served with a choice of: french fries, sweet potato fries, onion straws, chips, pasta salad or fresh fruit

Grilled Cheese	7
classic grilled cheese and a cup of our soup of the day or choice of side	
Portobello Mushroom Wrap	8
peppers, squash, zucchini, havarti, baby spinach, caramelized onion, basil aioli	
Chicken Fajita Wrap	9
chicken, peppers, onion, cheddar & jack cheese, lettuce, tomato, tortilla, sour cream, housemade tomato salsa	
West End Club ★★	8
roast beef, turkey, ham, bacon, cheddar, lettuce, tomato, mayonnaise, toasted honey wheatberry or panini bread	
Chicken Salad Melt ★★	8
housemade chicken salad, cheddar, lettuce, tomato, croissant	
Peppered Turkey and Havarti ★★	8
granny smith apples, peppered turkey, havarti, lettuce, mayonnaise, ciabatta bread	
Turkey Gouda ★★	8
peppered turkey, smoked gouda cheese, bacon, honey mustard, mixed greens	
Crab Cake Sandwich	10
shredded lettuce, tomato, tartar sauce, kaiser roll	
Buffalo Chicken Wrap	9
crispy fried chicken, habañero-jack, lettuce, tomato, buffalo sauce, flour tortilla	
French Dip	10
roast beef, swiss cheese, au jus, horseradish spread, hoagie roll	
Tuna Salad Melt ★★	9
housemade tuna salad, swiss cheese, lettuce, tomato, wheatberry bread	
Pastrami Reuben ★★	10
sliced pastrami, swiss cheese, 1000 island dressing, sauerkraut, rye bread	
Meatloaf Sandwich ★★	10
grilled meatloaf, bbq sauce, pepper jack cheese, bacon, mayonnaise, lettuce, tomato, onion straws, panini bread	
BBQ Bacon Grill	9
grilled chicken breast, bbq sauce, bacon, jack cheddar cheese, lettuce, tomato kaiser roll	
Build A Burger	12
ground chuck with choice of: cheddar, habañero-jack, pimento, swiss, bbq, mushrooms, bacon, onion straws, chili, slaw, peppers, onion	
Soup & Sandwich ★★	10
a half portion of our ★★ sandwich served with a cup of our housemade soup	

• Consuming raw or undercooked meats may increase your risk of foodborne illness